



## **You are not Alone**

**Student:** Allison Knight

**District:** Central Valley School District

**School:** University High School

**Instructor:** Jennifer Campau

**Medium:** Oil Pastels and Water Color

### **Artist Statement**

Going back to how miners in old mine shafts would carry canary birds, the canaries would signal to the miners when there was low oxygen. Signaling the miners to ascend the shaft and get air; I used canaries as a way to show how to those people who need help when they are in a low place that they can get help. That there will always be a canary out there in the world to help someone, they are blind folded to show no judgment. Coming in to get the help they need, the saying carved on the tree, "you are not alone" means that there will always be someone out there to help and be the canary in their lives when the need help most.

**Status:** Exhibit only